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• Enhance “Guest Services” offerings through volunteer training and printed or digital materials. | • Increase awareness of HCHD services and news among our patient population.  
• Create greater ease of access to HCHD services. |
| Cost / affordability of health care | • Create a community health resource directory.  
• Launch “Health is Primary” (Family Medicine for America’s Health) campaign.  
• Launch an education campaign on appropriate usage of the emergency room and Emergency Medical Services. | • Increase awareness of financial options and resources related to health care.  
• Encourage regular use of primary care providers as a cost-saving mechanism, among its many benefits.  
• Provide education for the community on what situations call for emergency medicine, and how appropriate usage contributes to lower health care costs. |
| More specialists / specialty care | • Continue to work closely with St. Charles Health System, The Center, Bend Memorial Clinic, Bend Urology Associates, Bend Neurological Associates, Northwest Foot Care, and others to maintain and expand specialist provider coverage and specialty care offerings.  
• Develop and offer skin cancer screening opportunities. | • As financial resources and partnership opportunities allow, continue to work toward making more specialists and specialty care available in Harney County.  
• Increase early detection of skin cancer. |
| Teen pregnancy | • Look into restarting a mentorship program for teenagers. | • Reduce rate of births to mothers younger than 18. |
Progress Report Details

DONE

Continue to offer nutrition and diabetes classes and support groups
Classes are regularly being offered to the community in these subject areas. The classes follow the curriculum of the National Diabetes Prevention Program (NDPP) and the Chronic Disease Self-Management Program (Stanford). At the beginning of 2017, a yearlong NDPP class called “Weigh-In 2017” was started, with nearly 50 participants.

Hire a full-time registered dietitian, contingent upon resources
Amy Dobson, MS NDTR MCHES, shifted into a full-time role in October 2016.

Expand “Health Half-Hours” and “Slater Elementary Health Fair” (Obesity / Diabetes / Chronic Illness AND Depression / Other mental illness)
“Health Half Hours” have expanded and are now offered at the Burns Paiute Tribe’s Tu-Waa-Kii Nobi youth group as well as at the Kids Club of Harney County. The Slater Elementary Health Fair has grown to a twice-a-year event. Topics have focused in large part on nutrition and physical activity, but Symmetry Care has been included in presenting about stress and other mental health topics.

Continue to employ a Behavioral Health Consultant at HDH Family Care
In addition to continuing to employ a full-time Behavioral Health Consultant, a part-time position was added as well. Behavioral health integration continues to be a priority for HDH Family Care.

“Walk With Ease” / “Walk With A Doc” program
“Walk With Ease” continues to be offered at regular intervals. Primary care providers from HDH Family Care occasionally attend sessions to “walk and talk” with participants.

Redesign HCHD website (harneydh.com)
The redesigned harneydh.com website was launched in November 2016. The new site offers improved navigability and more information for patients and the community at large.

5-1-1-0 Parent/Child Education Campaign
The 5-1-1-0 campaign was launched in August 2016. Brochures and bookmarks are handed out during well-child checks at HDH Family Care. 5-1-1-0 has been the theme of a number of events, including HDH’s booth at the Harney County Fair, Health Half-Hours, Slater Elementary Health Fair, and others. The Community Health Action Team (CHAT) will continue to work to promote this message.

Set up a TV system in the hospital and clinic lobbies
TVs in the hospital and clinic waiting areas are being used 24/7 to disseminate all variety of messages to keep patients informed.
Progress Report Details

DONE, CONT.

Develop a walking group (Depression / other mental illness)
Symmetry Care offers a walking group during the summer, which HDH has helped and will continue to help promote. HDH Family Care’s behavioral health specialists are occasionally attending sessions of the “Walk With Ease” program.

Revisit partnership opportunities with local hotel pools for possible community use hours
Local hotels with indoor pools were queried and are not able to open up community use hours.

Launch an education campaign on appropriate usage of the emergency room and Emergency Medical Services
A campaign from August-November focused on the use of the nurse call line, notifying the public that if they are unsure of whether it’s an emergency situation, they can call 24/7 to speak with a nurse.

Look into restarting a mentorship program for teenage pregnancy
Available resources for pregnancy will promoted as part of the Community Health Resource Directory. A “Baby Shower” education program for new parents is being developed.

IN PROGRESS

Create a community health resource directory
Representatives from HDH and other local health care facilities are finalizing content for a comprehensive community health resource directory. The next step will be determining appropriate format and method of dissemination. This will be completed within the 2017-18 fiscal year.

Continued consideration and revision to prescribing policies
New policies regarding the prescription of narcotics for back pain are in place. HDH providers continue to discuss prescribing policies in regular meetings.

Enhance “Guest Services” offerings through volunteer training and printed or digital materials
The welcome desk in the hospital lobby that is regularly staffed by volunteers is in the process of being outfitted with materials to promote all education and support opportunities. A current volunteer already has training in connecting the public with these opportunities, and future volunteers would be trained.
Continue to work closely with St. Charles Health System, The Center, Bend Memorial Clinic, Bend Urology Associates, Bend Neurological Associates, Northwest Foot Care, and others to maintain and expand specialist provider coverage and specialty care offerings
Communication between HDH and our partners is always ongoing, and our goal is always to continue to expand our community’s access to care. Visiting cardiology from St. Charles is anticipated to begin shortly.

Develop and offer skin cancer screening opportunities
A “Cancer Screening Day” is tentatively scheduled for March, and will include skin cancer and oral health screenings.

Offer oral health screenings (Tobacco use)
A “Cancer Screening Day” is tentatively scheduled for March, and will include skin cancer and oral health screenings.

Expand “Health Half-Hours” and “Slater Elementary Health Fair,” restart “Tar Wars” anti-smoking program geared toward 4th/5th graders
Plans are to begin to include anti-smoking education as part of regularly-offered programs such as the “Slater Elementary Health Fair” and “Health Half-Hours” beginning in the new year. HDH will work closely with Symmetry Care as they also develop K-12 tobacco prevention programming.

Investigate feasibility of providing “Narcan” (naloxone) through our pharmacy
HDH pharmacists will be reaching out to local retail pharmacists to make sure everyone has stock on hand and is comfortable with the patient counseling portion of dispensing this medication. Further actions to increase the awareness of and availability of naloxone are being considered.

Look into bringing together community groups to investigate grants or partnerships that would fund the transformation of the current summer-only community pool to a year-round facility
No update.

Launch “Health is Primary” (Family Medicine for America’s Health) campaign
No update.
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• Hire a full-time registered dietitian, contingent upon resources **D**  
• Create a community health resource directory **IP**  
• Expand “Health Half-Hours” and “Slater Elementary Health Fair” **D** | • Increase awareness of healthy habits among parents and their children  
• Increase participation in classes and support groups  
• Increase use of nutritional therapy services  
• Increase awareness of health resources related to this issue  
• Increase awareness of healthy habits among children ages 5-11 |
| Substance or drug use / abuse | • Create a community health resource directory **IP**  
• Investigate feasibility of providing “Narcan” through our pharmacy **NS**  
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• Discourage and decrease prescription drug abuse |
| Depression / other mental illness | • Continue to employ a Behavioral Health Consultant at HDH Family Care **D**  
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• Increase early detection of skin cancer |
| Teen pregnancy | • Look into restarting a mentorship program for teenagers. | • Reduce rate of births to mothers younger than 18 |
Progress Report Details

**DONE**

**Continue to offer nutrition and diabetes classes and support groups**
Classes are regularly being offered to the community in these subject areas. The classes follow the curriculum of the National Diabetes Prevention Program (NDPP) and the Chronic Disease Self-Management Program (Stanford). At the beginning of 2017, a yearlong NDPP class called “Weigh-In 2017” was started, with nearly 50 participants.

**Hire a full-time registered dietitian, contingent upon resources**
Amy Dobson, MS NDTR MCHES, shifted into a full-time role in October 2016.

**Expand “Health Half-Hours” and “Slater Elementary Health Fair” (Obesity / Diabetes / Chronic Illness AND Depression / Other mental illness)**
“Health Half Hours” have expanded and are now offered at the Burns Paiute Tribe’s Tu-Waa-Kii Nobi youth group as well as at the Kids Club of Harney County. The Slater Elementary Health Fair has grown to a twice-a-year event. Topics have focused in large part on nutrition and physical activity, but Symmetry Care has been included in presenting about stress and other mental health topics.

**Continue to employ a Behavioral Health Consultant at HDH Family Care**
In addition to continuing to employ a full-time Behavioral Health Consultant, a part-time position was added as well. Behavioral health integration continues to be a priority for HDH Family Care.

**“Walk With Ease” / “Walk With A Doc” program**
“Walk With Ease” continues to be offered at regular intervals. Primary care providers from HDH Family Care occasionally attend sessions to “walk and talk” with participants.

**Redesign HCHD website (harneydh.com)**
The redesigned harneydh.com website was launched in November 2016. The new site offers improved navigability and more information for patients and the community at large.

**5-1-1-0 Parent/Child Education Campaign**
The 5-1-1-0 campaign was launched in August 2016. Brochures and bookmarks are handed out during well-child checks at HDH Family Care. 5-1-1-0 has been the theme of a number of events, including HDH’s booth at the Harney County Fair, Health Half-Hours, Slater Elementary Health Fair, and others. The Community Health Action Team (CHAT) will continue to work to promote this message.

**Set up a TV system in the hospital and clinic lobbies**
Equipment has been placed in the hospital lobby, and is ready to go for the clinic lobby, pending a rewiring task. The TV in place currently is being used to disseminate all variety of messages to keep patients informed.
Progress Report Details

**IN PROGRESS**

**Create a community health resource directory**
Representatives from HDH and other local health care facilities are finalizing content for a comprehensive community health resource directory. The next step will be determining appropriate format and method of dissemination. This will be completed within the 2017-18 fiscal year.

**Continued consideration and revision to prescribing policies**
New policies regarding the prescription of narcotics for back pain are forthcoming this year. HDH providers continue to discuss prescribing policies in regular meetings.

**Develop a walking group (Depression / other mental illness)**
Symmetry Care currently offers this, so HDH will help to promote it and be involved.

**Enhance “Guest Services” offerings through volunteer training and printed or digital materials**
The welcome desk in the hospital lobby that is regularly staffed by volunteers is in the process of being outfitted with materials to promote all education and support opportunities. A current volunteer already has training in connecting the public with these opportunities, and future volunteers would be trained.

**Launch an education campaign on appropriate usage of the emergency room and Emergency Medical Services**
A campaign will begin this summer to further promote use of the nurse call line, notifying the public that if they are unsure whether it’s an emergency situation, they can call 24/7 to speak with a nurse.

**Continue to work closely with St. Charles Health System, The Center, Bend Memorial Clinic, Bend Urology Associates, Bend Neurological Associates, Northwest Foot Care, and others to maintain and expand specialist provider coverage and specialty care offerings**
Communication between HDH and our partners is always ongoing, and our goal is always to continue to expand our community’s access to care.
Investigate feasibility of providing “Narcan” through our pharmacy
No update.

Expand “Health Half-Hours” and “Slater Elementary Health Fair,” restart “Tar Wars” anti-smoking program geared toward 4th/5th graders
Plans are to begin to include anti-smoking education as part of regularly-offered programs this fall, as well as to involve a provider from HDH Family Care in restarting the “Tar Wars” program in area schools.

Offer oral health screenings (Tobacco use)
The goal is to offer these screenings, or to partner with another entity in making sure they are being offered, within the 2017-18 fiscal year.

Revisit partnership opportunities with local hotel pools for possible community use hours
No update.

Look into bringing together community groups to investigate grants or partnerships that would fund the transformation of the current summer-only community pool to a year-round facility
No update.

Launch “Health is Primary” (Family Medicine for America’s Health) campaign
No update.

Develop and offer skin cancer screening opportunities
The goal is to offer these screenings, or to partner with another entity in making sure they are being offered, within the 2017-18 fiscal year.

Look into restarting a mentorship program for teenagers
The goal is to complete this within the 2017-18 fiscal year.
### HCHD Implementation Plan

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- Increase participation in classes and support groups
- Increase use of nutritional therapy services
- Increase awareness of health resources related to this issue
- Increase awareness of healthy habits among children ages 5-11

| Substance or drug use / abuse | • Create a community health resource directory **IP**  
  • Investigate feasibility of providing “Narcan” through our pharmacy **NS**  
  • Continued consideration and revision to prescribing policies **NS** |

- Increase awareness of health resources related to this issue
- Enable quick treatment by bystanders to reverse opiate overdoses
- Discourage and decrease prescription drug abuse

| Depression / other mental illness | • Continue to employ a Behavioral Health Consultant at HDH Family Care **D**  
  • Create a community health resource directory **IP**  
  • Expand “Health Half-Hours” and “Slater Elementary Health Fair” **NS**  
  • Develop a walking group **NS** |

- Increase integration of physical and mental health services
- Increase awareness of health resources related to this issue
- Increase awareness of and reduce stigma toward mental health issues among children ages 5-11
- Encourage exercise and socialization as an important part of mental health and overall well-being

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Harney County Community Health Needs Assessment
June 2016
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(Always)  
• Increase early detection of skin cancer. |
| Teen pregnancy | • Look into restarting a mentorship program for teenagers. | • Reduce rate of births to mothers younger than 18. |
Progress Report Details

**DONE**

**Continue to offer nutrition and diabetes classes and support groups**
Classes are regularly being offered to the community in these subject areas. The classes follow the curriculum of the National Diabetes Prevention Program (NDPP) and the Chronic Disease Self-Management Program (Stanford). At the beginning of 2017, a yearlong NDPP class called “Weigh-In 2017” was started, with nearly 50 participants.

**Hire a full-time registered dietitian, contingent upon resources**
Amy Dobson, MS NDTR MCHES, shifted into a full-time role in October 2016 (she had previously been offering nutritional therapy part-time while managing the dietary services department.

**Expand “Health Half-Hours” and “Slater Elementary Health Fair” (Obesity / Diabetes / Chronic Illness)**
“Health Half Hours” have expanded and are now offered at the Burns Paiute Tribe’s Tu-Waa-Kii Nobi youth group as well as at the Kids Club of Harney County. Topics have focused in large part on nutrition and physical activity. The Slater Elementary Health Fair has grown to a twice-a-year event. The last one offered in October 2016 focused on the 5-1-1-0 messages of nutrition and physical activity.

**Continue to employ a Behavioral Health Consultant at HDH Family Care**
In addition to continuing to employ a full-time Behavioral Health Consultant, a part-time position was added as well. Behavioral health integration continues to be a priority for HDH Family Care.

**“Walk With Ease” / “Walk With A Doc” program**
“Walk With Ease” continues to be offered at regular intervals. The current class being offered in February 2017 has 15 participants. Primary care providers from HDH Family Care occasionally attend sessions to “walk and talk” with participants.

**Redesign HCHD website (harneydh.com)**
The redesigned harneydh.com website was launched in November 2016. Though website development is a continuous process, the new site offers improved navigability and more information for patients and the community at large.
Progress Report Details

5-1-1-0 Parent/Child Education Campaign
The 5-1-1-0 campaign was launched in August 2016. A logo was developed, and has been used for promoting the message with brochures and bookmarks that are handed out during well-child checks at HDH Family Care. 5-1-1-0 has been the theme of a number of events, including the Community Appreciation Picnic, HDH’s booth at the Harney County Fair, Health Half-Hours, Slater Elementary Health Fair, HDH’s table at the Chamber Awards Banquet, and others. The Community Health Action Team (CHAT) is working to connect with other local health organizations and advocates to continue to spread the message and fight childhood obesity.

Create a community health resource directory
Representatives from HDH and other local health care facilities are working to create a comprehensive community health resource directory, conglomerating and updating past work.

Set up a TV system in the hospital and clinic lobbies
Equipment and software has been purchased to set up a TV system. It will be used to disseminate all variety of messages to keep patients informed.

Continue to work closely with St. Charles Health System, The Center, Bend Memorial Clinic, Bend Urology Associates, Bend Neurological Associates, Northwest Foot Care, and others to maintain and expand specialist provider coverage and specialty care offerings
Communication between HDH and our partners is always ongoing, and our goal is always to continue to expand our community’s access to care.
Progress Report Details

**NOT STARTED**

Investigate feasibility of providing “Narcan” through our pharmacy
No update.

Continued consideration and revision to prescribing policies
No update.

Expand “Health Half-Hours” and “Slater Elementary Health Fair” (Depression / other mental illness)
Although these programs have been expanded, the topic of depression or mental illness has not been covered.

Develop a walking group (Depression / other mental illness)
A walking group for the purpose of helping with depression or mental illness has not been started. It may be possible to incorporate this into “Walk With Ease.”

Expand “Health Half-Hours” and “Slater Elementary Health Fair,” restart “Tar Wars” anti-smoking program geared toward 4th/5th graders
This topic has not been addressed in youth outreach and education thus far.

Offer oral health screenings (Tobacco use)
No update.

Revisit partnership opportunities with local hotel pools for possible community use hours
No update.

Look into bringing together community groups to investigate grants or partnerships that would fund the transformation of the current summer-only community pool to a year-round facility
No update.

Enhance “Guest Services” offerings through volunteer training and printed or digital materials
No update.
NOT STARTED

Launch “Health is Primary” (Family Medicine for America’s Health) campaign
No update.

Launch an education campaign on appropriate usage of the emergency room and Emergency Medical Services
No update.

Develop and offer skin cancer screening opportunities
No update.

Look into restarting a mentorship program for teenagers
No update.