

PROGRESS REPORT: FEB. 2017

HCHD Implementation Plan

IP = IN PROGRESS

D = DONE

NS = NOT STARTED

NEED / CONCERN IDENTIFIED	STRATEGIES	GOALS (2016-2019)
Obesity / Diabetes / Chronic Illness	<ul style="list-style-type: none"> • 5-1-1-0 Parent/Child Education Campaign <u>IP</u> • Continue to offer nutrition and diabetes classes and support groups <u>D</u> • Hire a full-time registered dietitian, contingent upon resources <u>D</u> • Create a community health resource directory <u>IP</u> • Expand "Health Half-Hours" and "Slater Elementary Health Fair" <u>D</u> 	<ul style="list-style-type: none"> • Increase awareness of healthy habits among parents and their children • Increase participation in classes and support groups • Increase use of nutritional therapy services • Increase awareness of health resources related to this issue • Increase awareness of healthy habits among children ages 5-11
Substance or drug use / abuse	<ul style="list-style-type: none"> • Create a community health resource directory <u>IP</u> • Investigate feasibility of providing "Narcan" through our pharmacy <u>NS</u> • Continued consideration and revision to prescribing policies <u>NS</u> 	<ul style="list-style-type: none"> • Increase awareness of health resources related to this issue • Enable quick treatment by bystanders to reverse opiate overdoses • Discourage and decrease prescription drug abuse
Depression / other mental illness	<ul style="list-style-type: none"> • Continue to employ a Behavioral Health Consultant at HDH Family Care <u>D</u> • Create a community health resource directory <u>IP</u> • Expand "Health Half-Hours" and "Slater Elementary Health Fair" <u>NS</u> • Develop a walking group <u>NS</u> 	<ul style="list-style-type: none"> • Increase integration of physical and mental health services • Increase awareness of health resources related to this issue • Increase awareness of and reduce stigma toward mental health issues among children ages 5-11 • Encourage exercise and socialization as an important part of mental health and overall well-being

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NEED / CONCERN IDENTIFIED	STRATEGIES	GOALS (2016-2019)
Tobacco use	<ul style="list-style-type: none"> • Create a community health resource directory IP • Expand “Health Half-Hours” and “Slater Elementary Health Fair;” restart “Tar Wars” anti-smoking program geared toward 4th/5th graders NS • Offer oral health screenings NS 	<ul style="list-style-type: none"> • Increase awareness of health resources related to this issue • Discourage tobacco use before it starts • Increase early detection of cancer
Lack of recreational facilities and opportunities	<ul style="list-style-type: none"> • Create a community health resource directory IP • “Walk With Ease” / “Walk With A Doc” program D • Revisit partnership opportunities with local hotel pools for possible community use hours NS • Look into bringing together community groups to investigate grants or partnerships that would fund the transformation of the current summer-only community pool to a year-round facility NS 	<ul style="list-style-type: none"> • Increase awareness of recreational opportunities that already exist in the community • Increase participation and provide indoor exercise opportunities • Create an indoor recreation opportunity for the community • Create an indoor recreation opportunity for the community
Alcohol use	<ul style="list-style-type: none"> • Create a community health resource directory IP 	<ul style="list-style-type: none"> • Increase awareness of treatment options and support groups in the community
Domestic violence / child abuse or neglect	<ul style="list-style-type: none"> • Create a community health resource directory IP 	<ul style="list-style-type: none"> • Increase awareness of resources available locally to help
Lack of awareness of health services	<ul style="list-style-type: none"> • Create a community health resource directory IP • Redesign HCHD website (harneydh.com) D 	<ul style="list-style-type: none"> • Increase awareness of health resources available locally • Make HCHD services and information more accessible to the public

HCHD Implementation Plan

NEED / CONCERN IDENTIFIED	STRATEGIES	GOALS (2016-2019)
Lack of awareness of health services, cont.	<ul style="list-style-type: none"> • Set up a TV system in the hospital and clinic lobbies, contingent upon resources IP • Enhance “Guest Services” offerings through volunteer training and printed or digital materials NS 	<ul style="list-style-type: none"> • Increase awareness of HCHD services and news among our patient population • Create greater ease of access to HCHD services
Cost / affordability of health care	<ul style="list-style-type: none"> • Create a community health resource directory IP • Launch “Health is Primary” (Family Medicine for America’s Health) campaign NS • Launch an education campaign on appropriate usage of the emergency room and Emergency Medical Services NS 	<ul style="list-style-type: none"> • Increase awareness of financial options and resources related to health care • Encourage regular use of primary care providers as a cost-saving mechanism, among its many benefits • Provide education for the community on what situations call for emergency medicine, and how appropriate usage contributes to lower health care costs
More specialists / specialty care	<ul style="list-style-type: none"> • Continue to work closely with St. Charles Health System, The Center, Bend Memorial Clinic, Bend Urology Associates, Bend Neurological Associates, Northwest Foot Care, and others to maintain and expand specialist provider coverage and specialty care offerings IP • Develop and offer skin cancer screening opportunities NS 	<ul style="list-style-type: none"> • As financial resources and partnership opportunities allow, continue to work toward making more specialists and specialty care available in Harney County • Increase early detection of skin cancer
Teen pregnancy	<ul style="list-style-type: none"> • Look into restarting a mentorship program for teenagers NS 	<ul style="list-style-type: none"> • Reduce rate of births to mothers younger than 18

Progress Report Details

DONE

Continue to offer nutrition and diabetes classes and support groups

Classes are regularly being offered to the community in these subject areas. The classes follow the curriculum of the National Diabetes Prevention Program (NDPP) and the Chronic Disease Self-Management Program (Stanford). At the beginning of 2017, a yearlong NDPP class called “Weigh-In 2017” was started, with nearly 50 participants.

Hire a full-time registered dietitian, contingent upon resources

Amy Dobson, MS NDTR MCHES, shifted into a full-time role in October 2016 (she had previously been offering nutritional therapy part-time while managing the dietary services department).

Expand “Health Half-Hours” and “Slater Elementary Health Fair” (Obesity / Diabetes / Chronic Illness)

“Health Half Hours” have expanded and are now offered at the Burns Paiute Tribe’s Tu-Waa-Kii Nobi youth group as well as at the Kids Club of Harney County. Topics have focused in large part on nutrition and physical activity. The Slater Elementary Health Fair has grown to a twice-a-year event. The last one offered in October 2016 focused on the 5-1-1-0 messages of nutrition and physical activity.

Continue to employ a Behavioral Health Consultant at HDH Family Care

In addition to continuing to employ a full-time Behavioral Health Consultant, a part-time position was added as well. Behavioral health integration continues to be a priority for HDH Family Care.

“Walk With Ease” / “Walk With A Doc” program

“Walk With Ease” continues to be offered at regular intervals. The current class being offered in February 2017 has 15 participants. Primary care providers from HDH Family Care occasionally attend sessions to “walk and talk” with participants.

Redesign HCHD website (harneydh.com)

The redesigned harneydh.com website was launched in November 2016. Though website development is a continuous process, the new site offers improved navigability and more information for patients and the community at large.

Progress Report Details

IN PROGRESS

5-1-1-0 Parent/Child Education Campaign

The 5-1-1-0 campaign was launched in August 2016. A logo was developed, and has been used for promoting the message with brochures and bookmarks that are handed out during well-child checks at HDH Family Care. 5-1-1-0 has been the theme of a number of events, including the Community Appreciation Picnic, HDH's booth at the Harney County Fair, Health Half-Hours, Slater Elementary Health Fair, HDH's table at the Chamber Awards Banquet, and others. The Community Health Action Team (CHAT) is working to connect with other local health organizations and advocates to continue to spread the message and fight childhood obesity.

Create a community health resource directory

Representatives from HDH and other local health care facilities are working to create a comprehensive community health resource directory, conglomerating and updating past work.

Set up a TV system in the hospital and clinic lobbies

Equipment and software has been purchased to set up a TV system. It will be used to disseminate all variety of messages to keep patients informed.

Continue to work closely with St. Charles Health System, The Center, Bend Memorial Clinic, Bend Urology Associates, Bend Neurological Associates, Northwest Foot Care, and others to maintain and expand specialist provider coverage and specialty care offerings

Communication between HDH and our partners is always ongoing, and our goal is always to continue to expand our community's access to care.

Progress Report Details

NOT STARTED

Investigate feasibility of providing “Narcan” through our pharmacy

No update.

Continued consideration and revision to prescribing policies

No update.

Expand “Health Half-Hours” and “Slater Elementary Health Fair” (Depression / other mental illness)

Although these programs have been expanded, the topic of depression or mental illness has not been covered.

Develop a walking group (Depression / other mental illness)

A walking group for the purpose of helping with depression or mental illness has not been started. It may be possible to incorporate this into “Walk With Ease.”

Expand “Health Half-Hours” and “Slater Elementary Health Fair,” restart “Tar Wars” anti-smoking program geared toward 4th/5th graders

This topic has not been addressed in youth outreach and education thus far.

Offer oral health screenings (Tobacco use)

No update.

Revisit partnership opportunities with local hotel pools for possible community use hours

No update.

Look into bringing together community groups to investigate grants or partnerships that would fund the transformation of the current summer-only community pool to a year-round facility

No update.

Enhance “Guest Services” offerings through volunteer training and printed or digital materials

No update.

Progress Report Details

NOT STARTED

Launch “Health is Primary” (Family Medicine for America’s Health) campaign

No update.

Launch an education campaign on appropriate usage of the emergency room and Emergency Medical Services

No update.

Develop and offer skin cancer screening opportunities

No update.

Look into restarting a mentorship program for teenagers

No update.